

May 21, 2009

**Have a Happy Memorial Day!**

## Read Our New Blog!

### Everyday Miracles.

"I need you to sit down."

Nothing prepares a new parent for those words

from the neonatologist on a newborn's birth day. The pre-natal classes don't instruct expectant parents about the NICU and how to survive the shock that something is not right..." [Read more](#)

Parent Talk  
**BLOG**

## In This Issue

[Read the ParentTalk Blog](#)

[Family Flick This Friday](#)

[Hurricane Expo](#)

[IronKids Triathlon](#)

[Building Miracles Telethon](#)

[Celebrating Memorial Day](#)

[Sunflower Maze](#)

[Money Skills for Life](#)

[Protection for Summer Outings](#)

## Family Flick This Friday



### Family Flicks

Bring the kids and cuddle up on a blanket under the stars to watch the hilarious movie, *Dr. Dolittle: Million Dollar Mutt* at the Gazebo in downtown Safety Harbor. We're all thankful for the much-

needed rain, so if the clouds roll in again (which is likely) the event will be cancelled. If it is cancelled, plan on coming out next month on the Fourth Friday. [More Info.](#)



[Read](#) the full version of the print guide!

## Preparing Families

Come out to the Tampa Bay Hurricane Expo at MOSI on May 30 from 9 a.m. to 2 p.m. for some fun, food and lifesaving information.



[See flyer.](#) Learn what the experts mean by "Run from the water and hide from the wind." Find out if you live in an evacuation zone and where you should shelter if you do. Stop by the ParentGuide® booth for information about how to talk to your children in advance and how to be prepared for their needs should a storm affect our area and your home. If you can't make the expo, we recommend the site [www.mysafehome.org](http://www.mysafehome.org) for some great information about safety and disaster preparedness. Fun and educational activities for children can be found at [www.coderedrover.org](http://www.coderedrover.org).

Also at this year's Expo, you can bring your unused or expired medications to dispose of them properly and anonymously as part of the Operation Medicine Cabinet (TM). Bring them to the City of Temple Terrace Police Department booth during the 2009 Tampa Bay Hurricane Expo at MOSI. This is a four-county effort to remove unused or expired prescription or OTC drugs from homes to reduce drug abuse in youth and pollution in the landfills. Personal medication only, no commercial disposal.

## Event Spotlights This Week

For more family events visit our [calendar](#) at [parentguide.com](http://parentguide.com)

**May 22:** Movies in the Park  
[Safety Harbor](#) Downtown Gazebo

**May 23:** Odessa Christian School  
[Annual](#) Golf Tournament  
Eagles Golf & Country Club,  
Odessa

**May 29:** Summer Safari Nights  
[Lowry Park Zoo](#)

**May 29-31:** [A Taste of Pinellas](#)  
Vinoy Park, St. Petersburg

May 30: [Sitter Soiree Event](#)

**June 7:** [IronKids](#) Triathlon  
St. Petersburg

**June 13:** Fit Kids Playground  
Hyde Park Village



## Train for Iron Kids



Don't forget registration is due by June 4 if you want your kids to participate in the [IronKids Triathlon](#) on June 7th. To help prepare, local clubs are sponsoring an IronKids Open Water and Transition Clinic to help prepare for both the Mad Beach Mini Triathlon and IronKids. The event is free for youth ages 6 to 15 at Spa Beach Park in St. Pete this Saturday from 8:30 to 10:30 a.m. [More information.](#)



## Building Miracles

The All Children's Hospital 2009 "[Building Miracles](#)" [Telethon](#) will be held May 30 and 31 to raise money for the new hospital. You can support the telethon by sending an e-card to friends and families asking them to join you in your support of this hospital. The very popular Taste of Pinellas



is also happening that weekend and is a fun and tasty way to support the cause. We're so fortunate to have this hospital in our area and ParentGuide says "thank you" to them for all they do to help the babies and children who need their loving and expert care.

## Celebrating Memorial Day



Memorial Day Sunset Ceremony at Largo Central Park on Monday, May 25th at 7:00 p.m. Join area veterans as they lead the parade of colors. Also, place a flag in the memorial wreath to pay tribute to your loved ones. A special

tribute to POW/MIA's with area bag pipers and a sing along. Largo Teen Idol Amanda Puyot sings the National Anthem.

Oldsmar Freedom Fest has three days of music, food and a kid's carnival to help celebrate Memorial Day. [Full schedule and event details.](#)

Freedom Fest on Saturday and Sunday from the Tampa Convention Center to the Florida Aquarium through Cotanchobee Park. Live music, entertainment and family activities to celebrate. A Memorial Day Service is on the main stage in the park on Monday from 10 to 11 a.m.

## Be a-"mazed"

How fun would it be to take the kids on a trip to a real sunflower maze? If it sounds like good old fashioned fun then take a departure from your usual urban activities and head to Sweetfields's Farm in Brooksville. The maze is open



for the next two weekends. While you're there, grab some locally grown, fresh, organic produce to bring home. Learn more at [www.sweetfieldsfarm.com](http://www.sweetfieldsfarm.com)

## Money Skills for Life



With graduations just around the corner, kids of all ages are moving on to another phase of their lives. Be it graduating high school or college, or just now moving into the middle school years where spending kicks into a higher gear - parents have the responsibility of teaching their

children the ins and outs of money. An interactive website from Wells Fargo Bank has done a pretty good

job of helping parents teach money skills to kids of varying ages. They have separate sites for kids, teens, young adults and adults. Check it out at [www.handsonbanking.org](http://www.handsonbanking.org)

Also, don't forget our friends at WEDU are airing [Biz Kids](#) on Sunday mornings. The show has kids teaching kids about money. A great conversation starter!

## Protection for Summer Outings

After a terrifying experience of losing her son at the beach, a Florida mom invented a product to help other caregivers have a quick and safe reunion if separated while on an outing.



The product is called the Guardian Angel Bracelet, which is a waterproof, durable, snap-on bracelet that is worn just for the day. The caregiver of the day (teacher, babysitter, grandparent, friend or parent) writes his or her cell phone number on the bracelet. The child is taught that if he or she gets lost, to approach another mommy and show her the bracelet. A pack of ten is \$9.95 and can be purchased at [www.guardianangelbracelet.com](http://www.guardianangelbracelet.com). Don't you just love moms with good ideas?

If you are a local mom with a good idea that is now helping other moms, send us your story to [webeditor@parentguide.com](mailto:webeditor@parentguide.com). We'd love to feature your product or service.