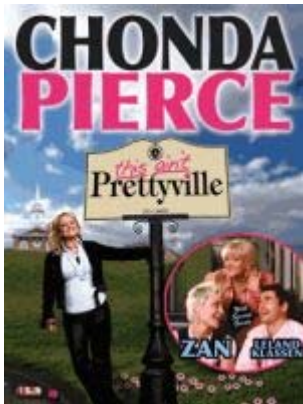




TAMPA BAY  
**ParentGuide.com** *families community*  
**Parent Talk**  
**E NEWS**

June 5, 2009

## WIN Tickets from ParentGuide®



Win Tickets from ParentGuide® for the Joy FM 3rd Annual Girls Night Out at Countryside Christian Center to see comedienne Chonda Pierce.

Two sets of girlfriends will win tickets, plus dinner and a limo ride to and from the concert.

[Contest Details](#)

## In This Issue

[WIN tickets from ParentGuide](#)

[Read the ParentTalk Blog](#)

[IronKids Triathlon This Weekend](#)

[Summer Movie](#)

[Hurricane Expo Follow-up](#)

[Annie Performance at TBPAC](#)

[Women of Faith Returns to Tampa](#)

## Read Our New Blog!

### "I'm a Survivor"

This past Saturday at the Tampa Bay Hurricane Expo, I was handing out information to parents on how to talk with their children about hurricanes and their family plan. It was a good day and families very grateful to get the information. As one woman came around the corner I offered her a copy of the recent issue of ParentGuide® and she jokingly declared, "Oh, no thanks, I'm a survivor." [Read more](#)

*Parent Talk*  
**BLOG**



[Read](#) the full version of the print guide!

## Iron Flix and Iron Kids This Weekend

**IRONKIDS.**

Don't miss the fun in St. Petersburg this weekend surrounding the first [Iron Kids Triathlon](#). Kids will love the [film fest](#) on

**Event Spotlights**  
For more family events visit our [calendar](#) at [parentguide.com](#)

June 5: [Iron Flix](#) Free Family Movies  
Straub Park, St. Petersburg

June 6: [Iron Flix](#) Free Family

Friday and Saturday. Come out see ParentGuide® at the expo on Saturday and Sunday at Spa Beach Park and for the race on Sunday. The event is a great way to encourage your kids to adopt a healthy lifestyle, even if they aren't entered to race. Come out and cheer on the participants.

## Summer Movie Outing

[Dunedin Fine Arts Center](#) offers another movie outing to families on Sunday, June 14 at 11:00am. Bring the kids and enjoy *Garfield's Pet Force* and some fun at the center after the movie. The movie is free for members of DFAC.



## Hurricane Expo Follow-up



It was great meeting so many parents at the Tampa Bay Hurricane Expo. The event had a tremendous turn out. ParentGuide® distributed helpful

information on talking to children about hurricanes, involving them in planning and reassuring them that they will be safe no matter what happens. Of course, staying safe means parents do the work to have a family plan and make the right decisions in an emergency. That requires education and pre-planning, so fortunately there is a wealth of information available to you. The State of Florida has [www.floridadisaster.org](http://www.floridadisaster.org) and for local information go to [Pinellas County](#), [Hillsborough County](#) or [Pasco County](#)

## "The Sun Will Come Out Tomorrow..."

ANNIE, the timeless tale of Little Orphan Annie and never giving up hope, is returning to the [Tampa Bay Performing Arts Center](#), June 12-14. Share the excitement and experience of a Broadway show with a child today and the benefits of exposing him or her to the arts will carry on into the future.

You can save \$15 off tickets to see ANNIE when you use promo code WARBUCKS or call



Movies  
The Pier Community Room

**June 6:** Touch A Truck  
[Safety Harbor City Park](#)

**June 7:** [IronKids](#) Triathlon  
St. Petersburg

**June 11, 12, 13, 14:**  
Joy FM Girls Night Out with  
Chonda Pierce  
[Tickets and More Info](#)

**June 12-14:** **Annie**  
[Tampa Bay Performing Arts Center](#)

**June 13:** [Fit Kids Playground](#)  
Hyde Park Village

**June 14:** Second Sunday Balloon  
Jam and Movie  
"Garfield's Pet Force"  
[Dunedin Fine Art Center](#)

**June 17:** Coffee Talk with Cafe  
Moms  
[Family Directions](#)

**June 19-21:** STOMP!  
[Tampa Bay Performing Arts Center](#)

**June 21:** Father's Day at the Zoo  
[Lowry Park Zoo](#)



the TBPAC Ticket Office at 813.229.STAR to purchase a family four-pack for \$100. Hurry because this offer ends June 10.

*Performance and seating restrictions apply. Not applicable to prior sales. Cannot be combined with any other offer. Subject to availability and service charges apply.*

## **Women of Faith Returns to Tampa**



This popular and spirit-filled event has wowed audiences

around the country - and in some cases, changed lives. Women from all walks of life come together to be inspired, lifted up and motivated. You will laugh, you may cry and perhaps will realize that you are not alone. This event promises to be unforgettable as the program will encourage Tampa participants to celebrate a new perspective, a new enthusiasm, and A Grand New Day!

The 2-day conference is August 14 and 15 at the St. Pete Times Forum. Program includes singer/songwriter, Steven Curtis Chapman, actress/author/speaker and founder of MomTime Ministries, Lisa Welchel and Grammy nominated - American Idol finalist, Mandisa...and more!

Please stay tuned to [www.parentguide.com](http://www.parentguide.com) for contest details which will be announced soon!! Information about the conference can be found at [www.womenoffaith.com/tampa](http://www.womenoffaith.com/tampa)

## **Saturday Morning Market moves to the Mahaffey Theater**

Great news!  
The popular  
Saturday  
Morning



Market in downtown St. Petersburg will keep going through the summer months thanks to its new cool and shaded home, the Progress Energy Center for the Arts -- Mahaffey Theater parking garage.

The new location takes effect this Saturday, June 6th. The Market will run every Saturday from June 6, 2009 to September 19, 9:00 AM - 1:00 PM. Market-goers can expect to find about 70 vendors providing the same great food, interesting crafts and lively music. Restrooms will be available and parking is \$1. [Visit their website.](#)

## Is your child ready to stay home alone?



Now that school is out, some parents may be wondering if their child can be left at home alone. Some states have laws in this regard, but Florida is one of the many that does not. Only

you can determine if your child is ready and of the situation is safe to stay home alone. Here are some questions to ask yourself:

- Does your child know how to dial 911?
- Does your child know your full name and address?
- Does your child know how to operate the phone correctly?
- Do they know what to say if someone asks if their parents are home?
- What are your rules regarding cooking or playing outside when you are gone?
- Can your child respond correctly to "What if" situations such as "What if the power went out? What if there was a fire.
- Have you reviewed your rules on answering the phone or the door if you are not home?
- What are your rules about having friends over?
- Does your child show an interest or confidence in staying home alone?
- If your child will be watching a sibling, do they get along? Will a younger sibling respect the rules and authority of the older sib?
- Does your child know what to do if they become injured while home alone?
- Can your child lock and unlock the door to your home?
- Is your child physically capable and physically healthy enough to stay home alone?

Information provided with permission from [PEACE of Mind](#)

## Smart lock alerts parents with a text message!

Just when you thought the Jetson's house was still in the future, Schlage comes out with a keyless lock that will send you a text message when your child comes home from school! It's promoted as a tool for helping



parents keep an eye on what's going on at home. Wireless technology also allows users to unlock a door remotely for a repairman and turn on lights when out of town. The Schlage LiNK System is now available at Lowe's. Read more at [www.schlage.com](http://www.schlage.com)